

# BELLEVUE SKI SCHOOL HANDBOOK

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### I. BELLEVUE SKI SCHOOL PURPOSE

The purpose of the Bellevue Ski School, a non-profit, 100% volunteer run organization, is to provide a supervised recreational and instructional ski and snowboard program for students attending grades 2 through 12 in the greater Puget Sound area.

This program is based on the following concepts:

- Appropriate safety and supervision.
- Minimum cost, non-profit organization.
- A recreational and instructional program satisfying both novice and experienced skiers and snowboarders.
- Promotion of skiing and snowboarding as a school function to reduce private unsupervised skiing and snowboarding, and private highway travel.

### II. SPONSORSHIP AND MANAGEMENT

The Bellevue Ski School originated as part of the Bellevue School District. The Bellevue Ski School is now operated by the Bellevue Ski Council, an independent 501(c)(3) organization.

#### THE BELLEVUE SKI COUNCIL

All volunteers and Bellevue Ski Council officers and directors are volunteers and serve without remuneration as a service to the community.

#### RESPONSIBILITY

Bellevue Ski Council (**Council**) provides overall management and operation of the Bellevue Ski School. The Council has the responsibility to approve operating budgets, annual financial reviews, ski area selection, instructional plans, transportation plans, and other major plans affecting Bellevue Ski School operation. The Council is responsible for disseminating information regarding the operation of Bellevue Ski School to its students and their parents. The Council may change or delete any of its policies or procedures at any time, in its sole discretion. The Council's interpretations of its policies and procedures are binding.

#### INSTRUCTIONAL STAFF

The Council currently contracts for ski and snowboard instruction with Ullr Incorporated (**Ullr**) for the purpose of providing the instructional program for the Council. Bellevue Ski School is a member ski school of PSIA (Professional Ski Instructors of America).

### III. BELLEVUE SKI SCHOOL ROUTINE

#### BELLEVUE SKI SCHOOL INFORMATION

While at the ski area, the focal points for information about Bellevue Ski School are the class meeting place (at the Ullr building near the main Summit Central Lodge) and the Chaperone Hut (in the Ski Patrol Building near the Central Express chair). Additional information may be posted at the bulletin boards at each lift describing changes in bus schedules, special activities, and student paging. During the week, the focal points for information are Bellevue Ski School email ([info@bellevueskiskool.com](mailto:info@bellevueskiskool.com)) or Bellevue Ski School web page (<https://bellevueskiskool.com/>), and the individual Vice Presidents for each program. The names and contact info for these Vice Presidents are included on the information or “refrigerator” sheet available at <https://bellevueskiskool.com/>.

#### CLASS ARRANGEMENT

Initial classes are arranged to consider the student’s school, grade, interest, skiing or snowboarding proficiency, and athletic aptitude obtained from the student registration form. Students should be assigned to the same instructor throughout the season unless their ability or need justifies reassignment (or if there are substitute instructors).

Bellevue Ski School offers a coordinated program in skiing and snowboarding for beginners through experts, covering these major interest areas: recreational, recreational racing, ultimate, freestyle, instructor training, and park & pipe (Not all interest areas are available at all Bellevue Ski School levels). Students may request reassignment as their interest develops in these areas. Ullr’s Instructors are trained to monitor student progress and recommend appropriate changes. Parents should contact Vice Presidents regarding student needs. At the ski area students should make their needs known to their assigned instructor or the instructional supervisor for their program.

***STUDENTS MUST ATTEND ALL ASSIGNED CLASSES!***

#### ACCIDENT INSURANCE REQUIRED

In order to participate in Bellevue Ski School’s program each student must have an acceptable form of accident insurance that covers skiing or snowboarding. Identification of the insurance company and parent’s signature are required on the registration application to verify coverage.

#### SUPERVISION

Students are supervised by adults on the bus and by Ullr’s instructors during lessons. Students are encouraged to come to the Bellevue Ski School Chaperone Hut or the Bellevue Ski School instructor building (Ullr) for assistance. Student Relations Representatives are at the ski area during all regular Bellevue Ski School class sessions and are also available to provide assistance.

#### BUS INFORMATION

Students will board the buses at a zone pick-up point that is published in the program brochure. Loading times and return arrival times are also listed. (Check “refrigerator” sheet.) On special occasions, including Bellevue Ski School cancellation or change in return times, announcements will be made via our website ([bellevueskiskool.com](https://bellevueskiskool.com/)), or a telephone call and/or a text message from a Bellevue Ski School representative.

#### BUS LOADING AT SCHOOL

At the loading sites, chaperones will explain the procedures for loading ski and snowboard equipment on the buses. In some situations, students are used as loaders, while in others, the skis and snowboards are loaded by the bus driver with student or chaperone assistance. Students are expected to follow all instructions given by chaperones

and bus drivers. *SKIS AND POLES MUST BE STRAPPED TIGHTLY TOGETHER OR ENCLOSED IN A SKI BAG BEFORE BEING LOADED ON THE BUS.*

A parent or legal guardian of the student is expected to check for the following before each trip (which may be checked by the chaperones as well):

- General health of the student.
- Appropriate clothing for the student.
- Safety Tag on student's pants (required).
- Student has Season Pass.
- Student has Bellevue Ski School ID Card (which is required and collected by chaperones in order to board the bus).

If students forget their **Bellevue Ski School ID Card**, a temporary one-day replacement card may be purchased for \$5 when acceptable identification is shown. If students lose their permanent Bellevue Ski School ID, they may purchase a permanent replacement ID for \$10 with acceptable identification. Temporary and replacement cards are available from the program Vice President. Elementary, Middle and High School students must also have their emergency tag (provided by Bellevue Ski School) attached to their pants. A lost emergency tag may also be replaced for \$5. Elementary students must also wear a Bellevue Ski School patch on their coats to identify them as Bellevue Ski School students.

For a forgotten or a lost Season Pass, students must report it prior to boarding the bus and a temporary pass may be acquired at the Summit. If students lose their pass and need to get a permanent replacement, they (or their parents/guardians) will need to contact the Summit Guest Services directly.

*VICE PRESIDENTS RESERVE THE RIGHT TO DENY BUS BOARDING PRIVILEGES.*

## ON THE BUS AND UNLOADING AT SKI AREA

On the bus, chaperones will check attendance. During the first trip, each student's instructor, class time, and class location will be announced. Thereafter, changes will be announced as required.

When the bus arrives at the ski area, loaders will unload all skis and snowboards before students leave the bus.

## SKI CLASSES

Bellevue Ski School facilities and class meeting areas are well known to the ski area employees and are well marked. Class starting times are noted on the bus lists. Students should allow ample time (10 minutes prior to lesson time recommended) to get to the meeting areas and find their instructor's sign. Vice Presidents, chaperones, and ski and snowboard instructors should be available for assistance.

THE FOLLOWING MAY RESULT IN SUSPENSION WITHOUT REFUND:

- Failure to attend class.
- Rough-housing, including throwing snowballs.
- Any other violation of this Handbook or other Bellevue Ski School policies or procedures.

## BUS ETIQUETTE AND REGULATIONS

All Bellevue Ski School students are required to respect the driver's and chaperone's requests for order and quiet while on the bus. *BECAUSE WINTER ROADS PRESENT UNIQUE DRIVING CONDITIONS, STUDENTS ARE REQUIRED TO CONDUCT THEMSELVES IN A MANNER THAT DOES NOT DISTRACT THE DRIVER.* The driver, assisted by the chaperones, is in full charge of the bus at all times. Students are not allowed to stand up while the

bus is in motion or to open the windows without the driver's permission. Unless instructed otherwise, students are allowed on buses during transit and lunch periods only. Boots and boot packs must be kept on the floor, not on the seat. In accordance with state law, glass bottles or containers are not allowed on the bus.

Specifically, the following are the expectations for Bellevue Ski School bus behavior.

- Remain seated at all times while the bus is moving.
- Keep the aisles clear.
- Inside voices at all times.
- No fighting or hitting on the bus (or anywhere else).
- Keep your hands inside of the bus.
- No bullying or harassment of other students.
- No pushing or shoving while loading or unloading.
- No spitting.
- No abusive or inappropriate language is allowed.
- When listening to music, headphones or earbuds are required.
- Follow the directions of the bus driver or chaperone.

*VIOLATION OF BUS ETIQUETTE RULES MAY RESULT IN SUSPENSION WITHOUT REFUND.*

## RETURN TO THE BUS AND BELLEVUE

Bellevue Ski School students are expected to be back at the bus at bus loading time. No students will be allowed to board the bus without the driver and chaperones being present.

NOTE: Rough-housing, including throwing snowballs, is forbidden in all parts of the ski area. *VIOLATION MAY RESULT IN SUSPENSION WITHOUT REFUND.*

Bellevue Ski School students are expected to load their own skis and snowboards (in some cases with assistance of the driver or the chaperone). When the student boards the bus for the return trip, the chaperone will return the Bellevue Ski School ID Card.

The buses will not depart the Summit until all students are on the bus or accounted for. One student returning late to the bus will delay all the students in the program from returning to Bellevue.

Specific arrival time back at school in Bellevue will vary depending upon weather and road conditions and circumstances at each ski area. Parents are to meet students at the school or pick-up point at the times stated on the refrigerator sheets.

## RIDING THE BUSES vs. PRIVATE TRANSPORTATION

*ALL STUDENTS MUST RIDE THE BELLEVUE SKI SCHOOL BUS TO THE SKI AREA AND RETURN TO BELLEVUE*

*ON THE SAME BUS* except in the following instances:

- A student has submitted, IN ADVANCE, to a President, a written request for arrival by private transportation signed by the student's parent or guardian.
- A student has submitted, IN ADVANCE, to a chaperone on their bus, a written request for return by private transportation signed by the student's parent or guardian.
- A student is assigned to a safety vehicle due to injury or sickness.

## RETURN BY PRIVATE TRANSPORTATION

Students wishing to return from the ski area by transportation privately arranged by them must obtain approval from a chaperone for their bus. Students must present a "Return by Private Transportation" form completed and signed by their parent or guardian. This form is to be presented along with their Bellevue Ski School ID to the chaperone for their bus prior to boarding the bus in Bellevue. The person picking up the student must be named on the request form and must be an adult, 18 years or older. Copies of the form may be obtained from the Vice President (or at <https://bellevueskischool.com/forms>).

The designated release area is the Bellevue Ski School Chaperone Hut, at the top floor of the Summit Central Ski Patrol building. The student and the adult designated on the release form must meet together in the Chaperone Hut **AT LEAST 30 MINUTES PRIOR TO BUS LOADING**. The person designated on the private transportation form by the parent or guardian must present ID (driver's license) and countersign the release form in the presence of a Bellevue Ski School representative and the student. At this time the student's Bellevue Ski School ID Card will be returned and responsibility for the student will be transferred to the designated adult. The request form will be retained by the Vice President. No student should leave the ski area without being signed out at the Bellevue Ski School Chaperone Hut.

## IV. SKI SAFETY AND ETIQUETTE

Safety is of prime concern to all instructors, chaperones, and people associated with Bellevue Ski School. It is expected that each student will demonstrate equal concern by offering assistance when needed and by thinking safety in terms of preventing accidents. Courtesy on the part of all skiers and snowboarders will help avoid accidents. It is the student's responsibility to abide by the "Skier's Code", described toward the end of this Handbook. The Ski Patrol is there to help skiers and snowboarders in trouble. Recognize your own ability and take lessons to improve it. Get in good physical condition before participating. Don't ski or snowboard when you are tired, and don't do either alone.

Students are expected to ski and snowboard safely according to the "Skier's Code" and follow safety requests by ski instructors, ski patrol staff, chaperones or ski area staff.

*FAILURE TO COMPLY WITH SAFETY CODE MAY RESULT IN SUSPENSION WITHOUT REFUND.*

### EQUIPMENT HAZARDS

Extra-long skis could be dangerous for beginners. Always make sure to get equipment fitted by professionals.

Ski bindings must be "release bindings." Bindings are not safe unless adjusted properly for the skier using them. Bindings should be individually fitted and adjusted for the skier by a trained ski repair professional.

Snowboards must have safety straps that attach the board to the boarder's boot.

Goggles or glasses should be made of plastic or shatter-proof glass.

Helmets are required for all participants in Bellevue Ski School.

Be careful when carrying your skis or snowboard on your shoulder. You could swing around and injure someone. Also, be careful with your ski poles.

### WEATHER CONSIDERATIONS

On cold days be aware of frostbite. Wear a wool hat and keep your parka zipped. Tuck in your shirt and sweater.

## KEEP ACTIVE.

Be sure you are warm and dry. Always wear proper clothes and bring rain gear. Extra gloves and an extra pair of socks are strongly advised.

Be aware of the sun. Wear sunglasses or appropriate sun lenses for goggles and use sunscreen. Reflection off the snow and the thinner atmosphere intensifies the exposure and may result in severe sunburn, eye discomfort or injury.

Unpacked, wet, heavy snow can be dangerous for the beginning skier or snowboarder.

## LIFT AND TOW HAZARDS

Ride lifts and tows carefully. Follow posted instructions. Keep your ski tips up when preparing to unload. Remove pole straps from wrists and carry poles by the shaft.

Snowboarders must release their rear boot binding as they are in the lift line. They must again reattach the binding at the top of the lift before proceeding down the slope.

Don't wear loose clothing or flowing scarves on lifts.

## SKIING AND SNOWBOARDING POINTERS

- Ski or snowboard on patrolled runs and always with a friend to aid you in case of an emergency.
- Ski or snowboard on slopes within your ability and under control so you can avoid a collision.
- Do not use your ski poles for braking while you are moving. Rest when tired – statistically most accidents happen in the afternoon.
- Get a good night's rest before ski school.
- When falling, try to fall back and to the side – relaxed and with skis together or board in front of you.
- When overtaking another skier or snowboarder say: "On your right!" or "On your left!"
- Check a map of the ski area for slope difficulty. Note locations of converging trails and avalanche slopes. Report accidents by location.
- Obey ski area boundaries.
- Avoid "hot-dogging" (showing off while skiing or boarding in a reckless and uncontrolled manner) down the slopes.
- Do not try any difficult, far away, or late runs when tired or late in the day preventing reaching the bus on time.

## BUS, HIGHWAY, AND LODGE HAZARDS

Highways are slippery – it's easy to fall and cars are hard to control. Stay in designated walkways – do not play in the road or parking lot and cross the road only at the designated crossing.

Lodge steps are usually slippery. Snow packs on the bottom of boots and makes walking in the lodge very slippery. Take time to knock off the snow before entering the lodge.

Bus driving requires extra concentration on slippery streets. Respect the driver's and chaperone's requests for order and quiet.

Do not throw snowballs as doing so may cause eye or head injuries.

Do not ski or snowboard across the road.

## EMERGENCIES AND ACCIDENTS

If an injury accident occurs at the ski area, call out for help. Send someone for the Ski Patrol and wait for assistance. The Ski Patrol can be reached through the lift operator nearest the accident.

Ski Patrol personnel are trained in first aid and assisting injured skiers and snowboarders to the Ski Patrol Clinic. At the Ski Patrol Clinic, additional emergency first aid may be provided and a written record made of the injury and action should be taken. All injuries or any illness should be reported to the Ski Patrol. For minor injuries or illnesses middle school and high school students may go to the Ski Patrol Clinic or the Bellevue Ski School Chaperone Hut on their own. Elementary students should be accompanied by their instructor to the Bellevue Ski School Chaperone Hut or Ski Patrol Clinic.

Depending on the severity of the injury or illness and discomfort to the student, one of the following actions should be taken at the Ski Patrol Clinic or the Bellevue Ski School Chaperone Hut:

- The student will be treated and released, and a record of the incident should be kept by Bellevue Ski School and Ski Patrol.
- The student will be treated and released to the Bellevue Ski School Chaperone Hut to wait until boarding the bus for the return to Bellevue.
- The student will be treated by Ski Patrol and taken in a private vehicle by a pair of Bellevue Ski School Safety Officers to Overlake Hospital to meet parents or guardians. In this event, a Safety Officer will promptly telephone the parents or guardians to coordinate arrival at Overlake Hospital. Parents or guardians are expected to contact their family doctor for further advice.

All injuries, no matter how slight, must be reported by the injured student to Bellevue Ski School (whether the student's instructor, chaperone, or to a Bellevue Ski School volunteer at the Bellevue Ski School Chaperone Hut. If for some reason the student does not report the injury earlier in the day, the injured student must tell the chaperone about the injury so it can be recorded on the "Safety Report" at the end of the ski school day.

The disposition of all injuries at the ski area are under the jurisdiction of Ski Patrol. Bellevue Ski School does not supervise or control the Ski Patrol.

## V. EQUIPMENT AND CLOTHING

Bellevue Ski School students and their parents or legal guardians should make sure the following is checked BEFORE BELLEVUE SKI SCHOOL STARTS:

- Confirm you have all necessary and recommended equipment and clothing.
- Check that clothing fits and all equipment are adjusted properly by a trained professional.
- Check that all equipment is labeled with the student's name on a durable waterproof label.

**BOOTS** – Properly fitted boots are the most essential item of ski or snowboard equipment for any skier or snowboarder, beginner or advanced. An improper fit will result in a poor learning experience. Consult your ski or snowboard store professional for assistance.

**SKIS AND BINDINGS** – Skis should also be appropriate length for the skier and the individual skill level. Bindings must be fitted to the skier and the skis. Consult your ski or snowboard store professional for additional assistance.

**SNOWBOARDS** – should also be appropriate length for the boarder, style of board and the individual skill level. Consult your ski or snowboard store professional for additional assistance.

Only qualified ski repair professionals should adjust bindings. *CHAPERONES AND INSTRUCTORS ARE NOT PERMITTED TO ADJUST SKI BINDINGS.*

**SKI BRAKES** – All bindings for skis must be equipped with ski brakes.

**SNOWBOARDS STRAPS** – All snowboards must have runaway straps.

**POLES** – Ski poles are required for all students with skis. Make sure students can get their gloved hands in the straps or grips and can hold the pole firmly. Consult your ski store professional for additional assistance.

**SKI WAX** – It is recommended that skis and snowboards be waxed. Consult your ski or snowboard store professional for assistance.

**SKI STRAPS/BAGS** – For transportation on the bus, skis and poles must be strapped together or enclosed in a ski bag. Ski bags provide the best protection for valuable ski equipment and reduce the chance of separation or loss of equipment. Ski and snowboard bags are left on the bus while at the ski area.

**GOGGLES OR GLASSES** – For mid-winter skiing or snowboarding, goggles are highly recommended. Sunglasses are recommended in spring. Consult your ski or snowboard store professional for assistance.

**SOCKS** – Choose smooth, calf length socks with a heel, light to medium-light thickness. Wool, poly or wool blend are recommended. Socks should be worn inside the ski pants.

**GLOVES** – Gloves or mittens designed for skiing or snowboarding provide the most warmth and best protection. Most experienced skiers and snowboarders find a good "Gore-Tex" glove over a polypropylene liner for cold days is best.

**CLOTHING** – Wear clothing that is warm, comfortable, and not too loose (nylon and orlon are not as warm as wool). Loose clothing can get caught on lifts. Clothing items you will need are: parka, pants, long underwear, shirt and/or sweaters, and ski hat of any style that can be adjusted to cover the ears and reduce heat loss. If you are new to this part of the country or the mountains, pay special attention to *DRESSING WARMLY*. Dressing in layers provides flexibility as conditions may change on the mountain. The high humidity creates coldness more penetrating than the temperature would indicate. Students ski or snowboard in rain, snow and sleet, so be prepared – *BRING RAIN GEAR!*

**HELMETS** – Bellevue Ski School requires helmets for skiers and snowboarders. Helmets must be designed for snow sports. See ski and snowboard store professionals for proper fit. Note: A helmet is not a substitute for safe skiing and snowboarding.

**EXTRA EQUIPMENT AND CLOTHING** – Bringing a small rucksack or bag to carry extra equipment, clothes, food, water, rain gear, an extra sweater or gloves, etc., will help to make skiing and snowboarding more fun.

## **SKI SWAPS**

Ski swaps provide an excellent opportunity to sell or buy used equipment at bargain prices. However, competent advice should be sought before buying any equipment. If buying boots, make doubly sure that they are properly sized. A qualified ski repair professional should adjust the bindings for the skier.



## VI. POLICY AND RULES

### REFUND POLICY

Prorated refunds will be issued to students who have withdrawn. Suspended students are not eligible for refunds. Parents or adult students may request to withdraw by emailing or providing a written request to their program VP.

Approved refunds will be prorated by the DATE WRITTEN REQUEST IS RECEIVED.

Forty-eight hours after initial registration for the current season, all refunds will be subject to a \$100 service charge. There will be no refunds or "make-up" sessions for students who are absent from a session.

In the event a session is canceled or partially completed, the Council reserves the right to refund, reschedule, or consider the session complete.

### GENERAL CONDUCT RULES

Safety is a critical factor in Bellevue Ski School operation. Behavior of the student enhances or hurts the safety of the student and others. Students are responsible for knowing and abiding by the "Skier's Code", described later in this document.

In general, we seek to follow the following principles and expect all parents, legal guardians, and students to do the same when interacting with Bellevue Ski School, bus drivers, instructors, fellow students, fellow parents and guardians, and others:

- You should be SAFE –physically, emotionally and mentally.
- You should be RESPECTED as an individual for your uniqueness.
- You should be SUCCESSFUL and CHALLENGED in your class.
- We STAND UNITED AGAINST any form of harassment, intimidation, and bullying (all as defined below).
- We STAND UNITED AGAINST any form of Sexual Harassment and Assault.
- We STAND UNITED AGAINST use of Profanity, Lewd or Vulgar behavior and clothing.
- We STAND UNITED AGAINST any form of Fighting or Assault.
- We have a ZERO TOLERANCE for Weapons.
- This is a TOBACCO, DRUG and ALCOHOL FREE program.

The following violations constitute cause for suspension from Bellevue Ski School without refund:

- Willful disobedience of Bellevue Ski School policies, procedures, or rules.
- Use of or possession of alcohol while engaged in any Bellevue Ski School activities.
- Illegal use or possession of stimulants, drugs or drug paraphernalia while engaged in any Bellevue Ski School activities (including being under the influence of illegal stimulants or drugs (including improper use of prescription drugs).
- Carrying a weapon (including guns, knives, and other weapons); carrying or using dangerous playthings.
- Leaving designated ski areas.
- Skiing or snowboarding in closed areas.
- Disobeying safety rules or the "Skiers Code".
- Violating the bus-safety rules.
- Inappropriate speech or gestures or lewd behavior.

- Unsafe behavior, including fighting or throwing snowballs.

Other reasons for suspension may include:

- Failure to attend lessons.
- Vulgarity or profanity.
- Stealing or gambling.
- Use of tobacco.
- Loaning or selling a Bellevue Ski School ID Card.

In the event of a suspension, the student will be removed from all schedules and denied transportation for the remainder of the season. No refund will be provided for any remaining weeks.

## DISCRIMINATION, HARASSMENT, AND BULLYING POLICY

The Council is committed to a safe and civil educational environment for all students, volunteers, parents/guardians, and community members that is free from unlawful discrimination or harassment, intimidation, and bullying.

Bellevue Ski School prohibits unlawful discrimination and harassment on the basis of race, color, religion, ancestry, national origin, sex, sexual orientation (including gender expression or identity), mental or physical disability (**Protected Class Status**). If you believe you have been experiencing discrimination or harassment by Bellevue Ski School or by a Bellevue Ski School student or volunteer, or by any bus driver or instructor, please immediately contact the President or your program Vice President.

Bellevue Ski School also prohibits Harassment, Intimidation, and Bullying. **Harassment, Intimidation, and Bullying** means any intentionally written message or image (including those that are electronically transmitted), verbal, or physical act, including one shown to be motivated by any Protected Class Status, or other distinguishing characteristics, when the message, image, or verbal or physical act:

- Physically harms a student or damages the student's property;
- Has the effect of substantially interfering with a student's education;
- Is so severe, persistent, or pervasive that it creates an intimidating or threatening educational environment; or
- Has the effect of substantially disrupting the orderly operation of Bellevue Ski School.

Bullying is prohibited. Bullying means actions that are aggressive and include an imbalance of power (whether physical strength, access to embarrassing information, or popularity) to control or harm others, and are repeated. Bullying may include making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

"Other distinguishing characteristics" can include physical appearance, clothing or other apparel, socioeconomic status, social status, and weight.

"Intentional act" refers to the individual's choice to engage in the act rather than the ultimate impact of the action.

Discriminatory harassment is prohibited and includes conduct that is based on a student's actual or perceived Protected Class Status and is sufficiently severe, persistent, or pervasive that it limits or denies a student's ability to participate in or benefit from Bellevue Ski School's programs or activities.

Sexual harassment is prohibited. Sexual harassment means any unwelcome sexual advances, requests for sexual favors, sexually motivated physical contact, or other verbal or physical conduct or communication of a sexual nature between two or more individuals if:

- a. Submission to that conduct or communication is made a term or condition either explicitly or implicitly of obtaining an education.
- b. Submission to or rejection of that conduct or communication by an individual is used as a factor in decisions affecting that individual's education; or
- c. That conduct or communication has the purpose or effect of substantially interfering with an individual's education, or of creating an intimidating, hostile, or offensive educational environment.

If you believe you have been experienced Harassment, Intimidation, and Bullying; Bullying of any kind; or Sexual Harassment by Bellevue Ski School or by a Bellevue Ski School student or volunteer, or by any bus driver or instructor, please immediately contact the President or your program Vice President.

## ALCOHOL AND DRUGS

The Council views drug and alcohol use during Bellevue Ski School activities as a major violation. Skiing and snowboarding are sports that require good judgment and quick reflexes. Drugs and alcohol reduce one's reaction time and distort a skier's judgment of his/her own capabilities, placing not only the skier or snowboarder in an increased state of risk, but also others nearby.

The Bellevue Ski School policy regarding use of or being under the influence of drugs or alcohol while engaged in any Bellevue Ski School activity is clear and simple: Immediate and permanent suspension of the violator with no refund.

If a student is found to be under the influence of illegal drugs (including inappropriate use of legal drugs) or alcohol, or in possession of drugs, drug paraphernalia or alcohol, the student's parent or guardian will be called immediately and requested to pick up the student. The student's ID card will be confiscated, and the student suspended from Bellevue Ski School.

Parents are asked to be aware of the dangers of mixing alcohol or drugs with skiing or snowboarding, and to discuss this concern with their Bellevue Ski School student.

Any unlawful use of controlled substances, alcohol, marijuana, and tobacco is a violation of Bellevue Ski School's substance policy.

Definitions:

1. "Drug" means any controlled substance, as defined by the Uniform Controlled Substances Act (RCW 69.50), any intoxicant, any drug that requires a prescription (so-called "legend drugs"), and any "look alike" drug or substance believed to be or represented as being a drug or controlled substance; and any food item with illegal drugs and/or alcohol contained within.
2. "Alcohol" includes any beverage, mixture, or preparation containing alcohol.
3. "Intoxicant" means any other chemical substance (including industrial chemicals and over-the-counter medications) when used contrary to directions or warnings to affect the user's perception, behavior, or

mood, excluding tobacco and caffeine; and

4. "Drug paraphernalia" means all equipment, products, materials of any kind which are used, intended for use, or designated for use in introducing into the human body a drug, alcohol, or intoxicant.

## SKIER'S CODE

Bellevue Ski School expects all participants to follow the "Skier's Code" (National Ski Area's Association, [https://www.nsaa.org/NSAA/Safety/Responsibility\\_Code/NSAA/Safety/Responsibility\\_Code.aspx](https://www.nsaa.org/NSAA/Safety/Responsibility_Code/NSAA/Safety/Responsibility_Code.aspx)):

Protect yourself, protect others. With common sense and the seven points of Your Responsibility Code, you can have a safer day on the slopes. The National Ski Areas Association (NSAA) believes education, helmet use, respect and common sense are very important when cruising down the mountain. NSAA developed Your Responsibility Code to help skiers and boarders be aware that there are elements of risk in snow sports that common sense and personal awareness can help reduce.

## SEVEN POINTS TO YOUR RESPONSIBILITY CODE

1. Always stay in control, and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail, or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

## SPECIAL BELLEVUE SKI SCHOOL RULES

**ATTENDANCE** – Unless excused by a Bellevue Ski School Vice President or Instructor, students must attend all **ASSIGNED** classes. Students remaining home are excused from class. Two unexcused absences from class (where students are on the mountain and not injured) may be cause for suspension without refund. Because the first weeks are critical for safety and skill development, Never Ever students who are absent from the mountain two of the first three weeks of ski school will be withdrawn from the program with a pro-rated refund. All changes in class assignments (instructor or class time) must be approved by the Instructor Supervisor.

**PARKING LOTS** – Students, parents, or others driving to the bus loading areas ***MUST NOT DRIVE OR PARK THEIR CARS IN THE BUS LOADING ZONES***. Students may not play in the bus parking lot or the road at the ski area.

**ID CARDS** – Bellevue Ski School ID Cards are not transferable and cannot be resold or transferred. Loaning or selling an ID Card is grounds for suspension without refund.

***LEAVING THE ASSIGNED SKI AREA OR SKIING OR SNOWBOARDING IN CLOSED AREAS IS ABSOLUTELY FORBIDDEN AND IS GROUNDS FOR SUSPENSION WITHOUT REFUND.***

This Handbook is intended to acquaint you with the Bellevue Ski School. If you have additional questions, please contact a program Vice President or email to [info@bellevueskiskool.com](mailto:info@bellevueskiskool.com). Bellevue Ski School can revise this Handbook at any time.

## **Appendix A**

### **Some Risks Associated with the Activities**

#### **1. Transportation and Pickup and Parking Locations; Summit Facilities.**

Bellevue Ski School contracts with Journey Lines, Inc. (**Bus Company**) to provide bus transportation from locations in Bellevue to the Summit. Bellevue Ski School does not employ or supervise the Bus Company's bus drivers. Bellevue Ski School has not had background checks conducted on the bus drivers and has not checked on the driving skills, safety record, first aid skills, or driving experience of the bus drivers. The buses do not provide seatbelts or airbags for its passengers and other safety features that may be available in private cars. Travel occurs during the winter months, and the road conditions may be wet and icy and driving visibility may be poor. The buses could be involved in a traffic accident that results in injuries to the passengers, including cuts; bruises; broken bones; cut, torn, or severed tendons or ligaments; concussions; brain damage; or even death. Pickup and parking locations are not under Bellevue Ski School's control or supervision.

Bellevue Ski School does not control or supervise the Summit's facilities.

While on the bus and at the Summit, students may be exposed to communicable diseases, including common colds, influenza, COVID-19, measles, mumps, chicken pox, hepatitis, salmonella, MRSA, tuberculosis, and other diseases and illnesses.

#### **2. Chaperones; No Guarantee of Supervision.**

Bellevue Ski School's chaperones are volunteers and are not trained to supervise children. Generally, there are at least two chaperones for each bus and generally each chaperone will try to supervise up to 25 students during the bus ride and during lunch on the bus (in the case of elementary school age students).

The Summit's facilities are often crowded. Other parts of the Summit's facilities are isolated and unsupervised. While unlikely, abduction, assault, and abuse are possible risks in both crowded situations or in isolated or inadequately supervised areas of the Summit.

Middle school and high school students are not supervised by Bellevue Ski School's chaperones from the time the students leave the bus until the time the students return to the bus at the end of the day. All students are expected to exercise good judgment and follow the instructions of their parents about how to recognize and avoid potentially dangerous situations and individuals.

Elementary school age students are instructed to remain with the student's chaperone and not to venture off with strangers or even other students. Elementary school age students are not supervised by Bellevue Ski School's chaperones during ski or snowboarding lessons. Bellevue Ski School cannot and does not guarantee its students will be supervised by its chaperones at all times.

#### **3. Skiing and Snowboarding.**

Skiing and snowboarding can be a healthy, invigorating, and fun outdoor activity. But skiing and snowboarding can also be dangerous and result in serious injuries or even death. Ordinary falls as well as falls from heights (including falls from a chair lift or falls off a cliff), avalanches, and collisions with rocks, ice, trees, poles, fences, signs, buildings, ski lifts, other skiers or snowboarders, or other objects or people can result in bruises; scratches; cuts; infections; broken bones; cut, torn or severed tendons, muscles, or ligaments; damaged joints; eye damage; hearing loss; concussions; brain damage; and even death. Skiing and snowboarding also involves risks and dangers involving the weather (including snow and rain), low temperatures, hyperthermia, sunburn and damage to the eyes (on bright days), and other weather-related injuries, including death.

#### **4. Ski and Snowboard Instruction.**

Bellevue Ski School contracts with Ullr Incorporated (Ullr) to provide ski and snowboard classes and instruction to Bellevue Ski School's students. Bellevue Ski School does not employ or supervise the ski and snowboard instructors and has not performed background checks on the instructors. Bellevue Ski School has not checked the teaching skills, safety record, first aid skills, or teaching experience of the instructors. The types of risks and injuries that are possible during skiing and snowboarding are also possible during ski and snowboard instruction. It is possible that in the future Bellevue Ski School volunteers may be trained by Ullr to teach ski or snowboard classes for Bellevue Ski School.